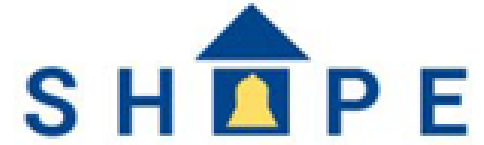


# Short Share T.I.P.S. The SHAPE System



Addressing the Social, Emotional, and Mental  
Health of Our Students: An Assessment

Tool, Intervention, Process, Strategy



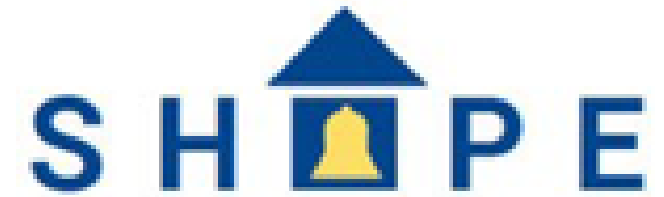
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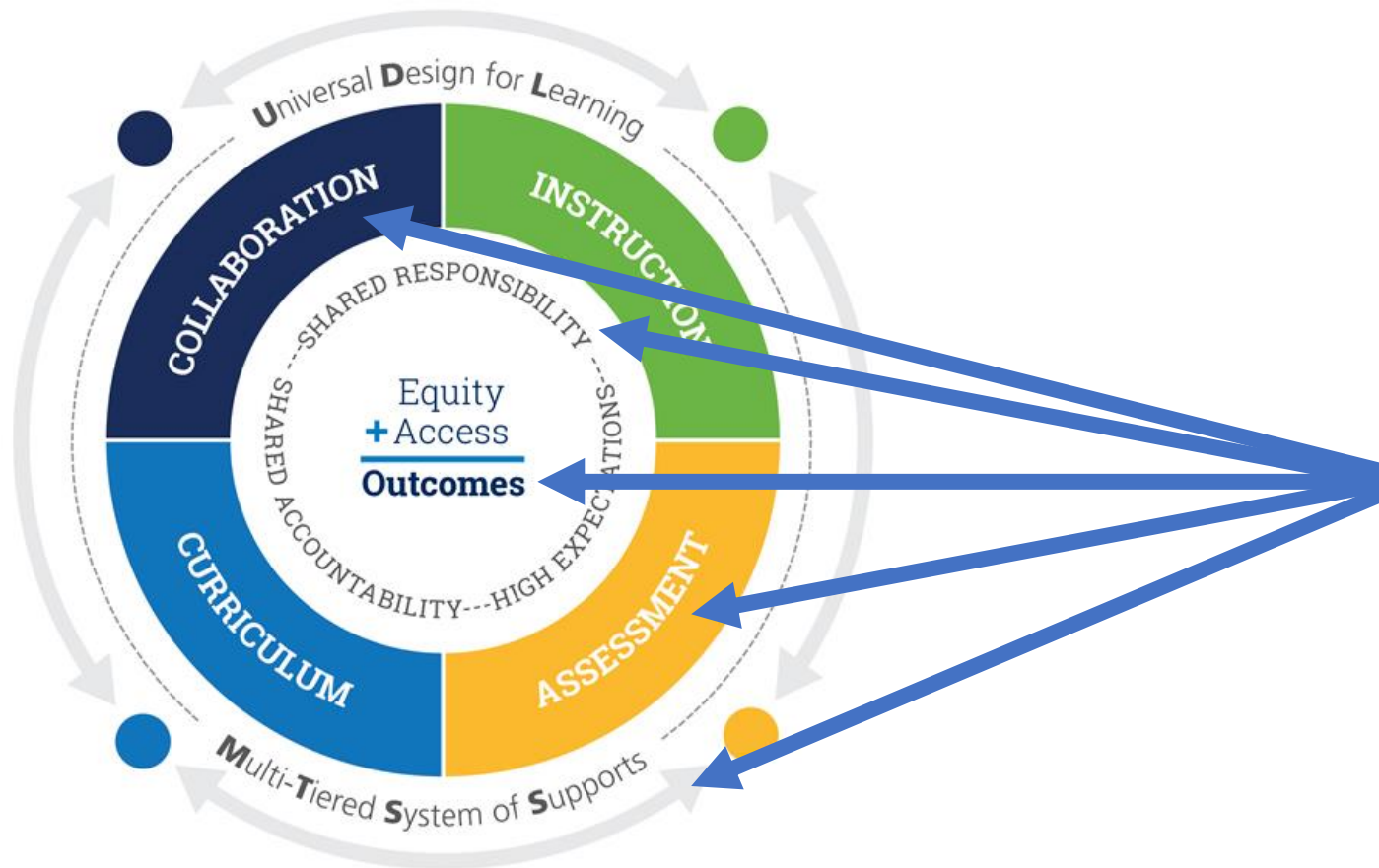
*Indiana*  
DEPARTMENT OF  
EDUCATION

*Working Together for Student Success*

# Topic



**School  
Health  
Assessment and  
Performance  
Evaluation  
System**



# Tool, Intervention, Process, Strategy (T.I.P.S.)



About The SHAPE System  
[www.theshapessystem.com](http://www.theshapessystem.com)



The screenshot shows the SHAPE System website. At the top, the SHAPE logo is on the left, the text "School Health Assessment and Performance Evaluation System" is in the center, and a "Login" button is on the right. Below this is a navigation bar with links: Home, About Us, How to Register, Privacy/Security, FAQs, and Contact Us. The main content area is divided into two columns. The left column features a video player with a play button and a video showing three people (two women and one man) in a meeting. The right column has a "Join Us!" section with text explaining the benefits of joining the SHAPE system, including being counted in the National School Mental Health Census and receiving a Blue Star SHAPE Recognition. Below this is a "Join Now" button. Further down, a blue box titled "Schools and school districts can use SHAPE to:" lists four bullet points: "Be counted in the National School Mental Health Census", "Achieve SHAPE recognition to increase opportunities for federal, state, and local grant funding", "Access free, targeted resources to help advance your school mental health quality and sustainability", and "Advance a data-driven mental health team process for your school or district". At the bottom, there are four circular icons representing different features: a clipboard with a bar chart for "Free Custom Reports", two speech bubbles for "Strategic Team Planning", a map of the United States for "Be Counted", and a book for "Free Resources".

SHAPE School Health Assessment and Performance Evaluation System

Home About Us How to Register Privacy/Security FAQs Contact Us

**Join Us!**

When you click Join Now and answer a few questions, your school mental health system will be counted in the National School Mental Health Census and will receive a Blue Star SHAPE Recognition.

Also, we will use your name and e-mail address to update you on SHAPE System news and resources. Anyone (district/school leader, educator, health/mental health provider, parent, student, etc.) from a school system can join us!

**Join Now**

**Schools and school districts can use SHAPE to:**

- Be counted in the National School Mental Health Census
- Achieve SHAPE recognition to increase opportunities for federal, state, and local grant funding
- Access free, targeted resources to help advance your school mental health quality and sustainability
- Advance a data-driven mental health team process for your school or district

**Free Custom Reports** **Strategic Team Planning** **Be Counted** **Free Resources**





*View, print,  
share and  
review the SMH  
Profile and  
Quality and  
Sustainability  
Assessments  
anytime by  
visiting SHAPE  
home page*

## Strategic Team Planning



The SHAPE System is a free, private, web-based portal that offers a virtual work space for your school mental health team to document, track, and advance your quality and sustainability improvement goals. Many CSMHs report that their teams would benefit from a mechanism to improve collaborative planning and communication among their multidisciplinary school mental health team.

The SHAPE System allows you to invite any school-based, community- or school-employed team members to your SHAPE account, where you can work as a coordinated, collaborative team to assess, document, and plan around the quality and sustainability of your school mental health services and supports.

Preview the quality and sustainability assessments:

- School Quality Indicators (376 KB PDF)
- School Sustainability Indicators (677 KB PDF)
- District Quality Indicators (688 KB PDF)
- District Sustainability Indicators (514 KB PDF)

## Free Resources



With a SHAPE account, you and your team members have access to a comprehensive repository with up-to-date, public access resources hand selected by a team of school mental health experts. Sort resources by topic to hone in on the specific quality and sustainability goals your team is working toward. Use the repository to generate ideas for action steps related to your own improvement goals and share these resources with your colleagues.

## Be Counted



By engaging with The SHAPE System in any way, your school or district mental health system will become a part of the national school mental health movement toward accountability, excellence, and sustainability. If you are a stakeholder or team member of a school mental health system at the school or district level, the National School Mental Health Census should include your system! By answering a few brief questions via the Join Us button, we can count your school or district in our National School Mental Health Census and add you to our mailing list to keep you updated on SHAPE news and events.

Preview the National School Mental Health Census:

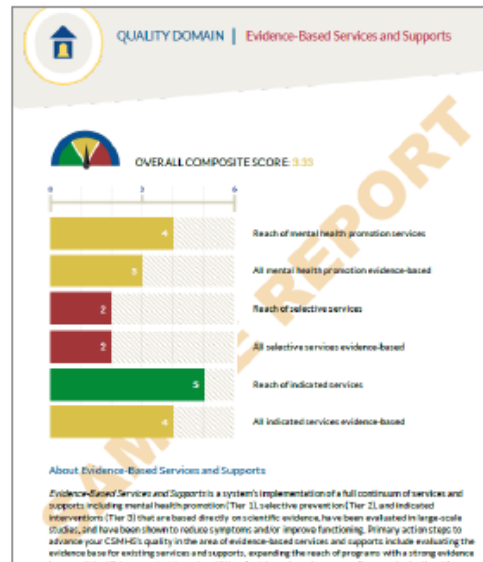
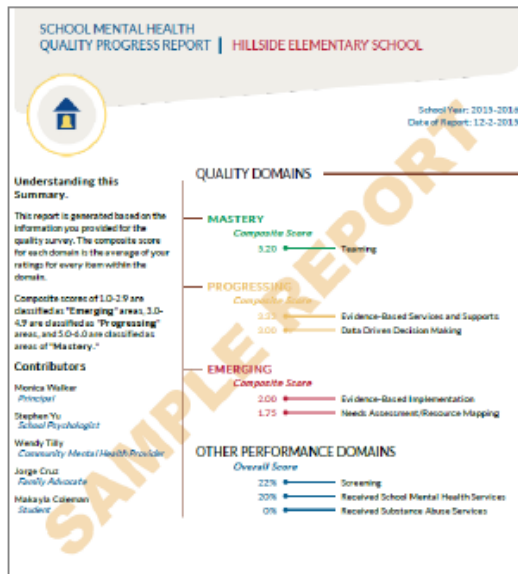
- School Version (520 KB PDF)
- District Version (583 KB PDF)





# Schools and School Districts Can Use SHAPE To:

- Advance a data-driven mental health team process for the school or district
  - Strategic Team Planning
  - Free Custom Reports



**QUALITY DOMAIN | Strategic Planning Guide**

Thank you for completing the School Mental Health Quality Assessment Survey! We encourage you to meet with your school mental health team and review your scores on each performance domain provided in this report and engage in a strategic planning process to guide quality improvement. Quality guides are available for each performance domain and indicator with action steps and resources to guide improvement. Consider using these materials and the Strategic Planning Guide to create a strategic plan for improving your team's performance in one or more areas.

List the domain(s) on which you scored the lowest (Emerging and Progressing) and evaluate your system's capacity and motivation to implement change in each domain.

Domain	Need for change (1-10) 1=no need 10=great need	Desire to change (1-10) 1=no desire 10=great desire	Resources to achieve change (1-10) 1=no resources 10=many resources	Barriers to change (1-10) 1=no barriers 10=many barriers
1.				
2.				
3.				

Select one domain from the list above that your team wants to improve.

DOMAIN: \_\_\_\_\_

[www.theshapesystem.com](http://www.theshapesystem.com)



Indiana Department of Education



# Profile

- What Data you collect and how it is used
- What service components your school or district has
- Staffing information
- What services and supports are provided for student concerns



# SHAPE Quality Assessment

Screening tools that can be completed by the district and/or individual schools to look at their school mental health systems

Focuses on the following areas:

- Teaming
- Needs Assessment and Resource Mapping
- Evidence-Based Implementation
- Evidence-Based Services and Supports
- Data Based Decision Making
- Student Mental Health Screening

The screenshot shows the SHAPE (School Health Assessment and Performance Evaluation) system interface. At the top, the logo "SHAPE" is displayed next to the title "School Health Assessment and Performance Evaluation System". A user profile for "Jane Doe" is in the top right. A navigation bar includes links for Home, About Us, How to Register, Privacy/Security, FAQs, Contact Us, and My Account. Below this, a "District Admin" section identifies the user as "YUPIIT SCHOOL DISTRICT" and shows the "School Behavioral Health System" with a "Mental Health Profile Updated: April 22, 2016". Action buttons for "Certificate", "Report", and "Update" are present. A row of tabs includes "System Performance" (active), "My Schools", "Resource Library", and "Team Members". A message states: "Thanks for completing the District Mental Health Profile! To produce customized reports for your district to assist in improving your mental health program, please complete the Quality and Sustainability assessments below." Two red boxes highlight the next steps: "Quality Assessment Needed" and "Sustainability Assessment Needed", each with a "Complete Assessment" button. An arrow points to the "Complete Assessment" button for the Quality assessment.

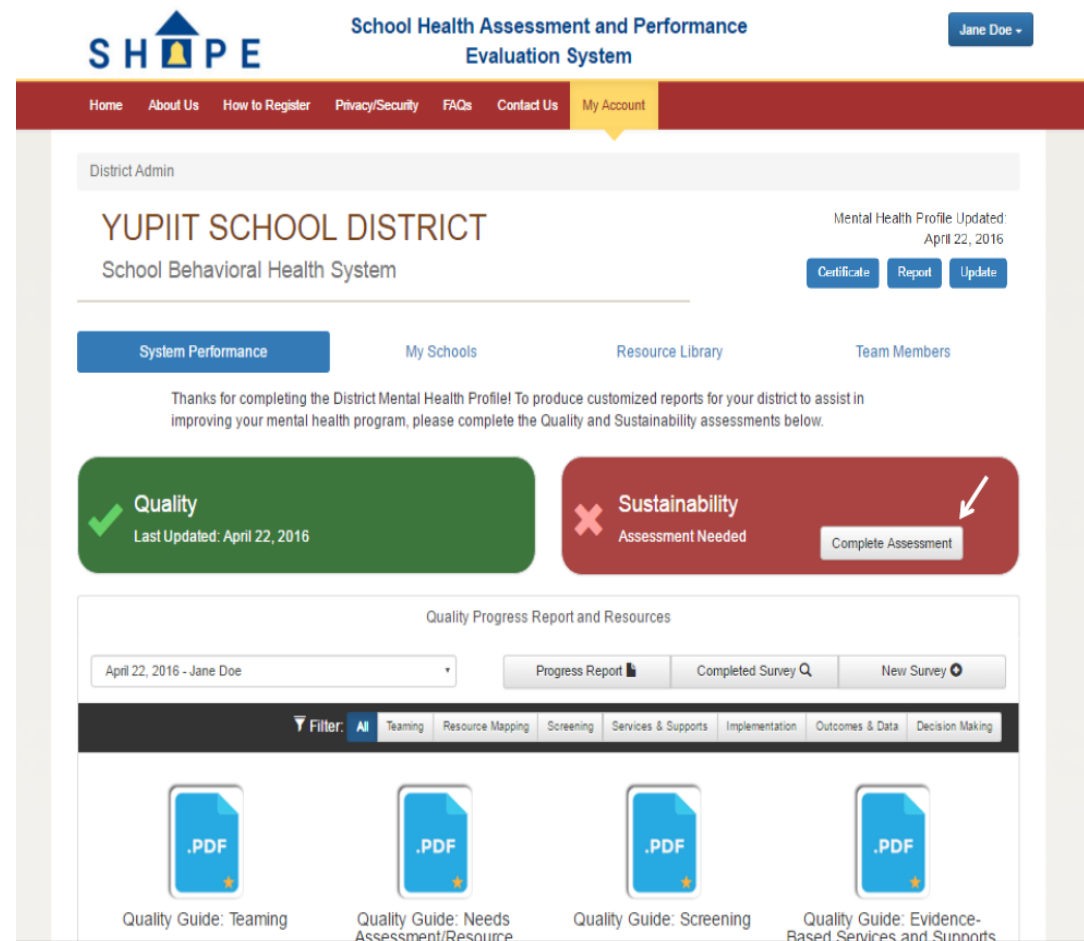


# SHAPE Sustainability Assessment

Screening tools that can be completed by the district and/or individual schools to look at their school mental health systems

Focuses on the following areas:

- Funding & Resources
- Resource Allocation
- System Quality
- Documentation & Reporting of Impact
- System Marketing & Promotion





# Schools and School Districts Can Use SHAPE To:

- Access targeted resources to help advance your school mental health quality and sustainability

The screenshot shows the SHAPE (School Health Assessment and Performance Evaluation System) interface for YUPIIT SCHOOL DISTRICT. The interface includes a navigation bar with links like Home, About Us, How to Register, Privacy/Security, FAQs, Contact Us, and My Account. The main content area displays the district's mental health profile, including a 'Mental Health Profile Updated: April 22, 2016' status. It features two main sections: 'Quality' and 'Sustainability', both with a green checkmark and 'Last Updated: April 22, 2016'. Below these are tabs for 'Quality Progress Report and Resources' and 'Sustainability Progress Report and Resources'. A blue arrow points to the 'Data-Driven Decision Making (Special Issue)' resource card, which is highlighted. Other resource cards include 'Quality Guide: Data Driven Decision Making', 'Advancing Education Effectiveness: Interconnecting School Mental Health and School-wide Positive Behavior Support', 'Data-Based Decision Making', 'Free Assessment Measures', 'Implementing Data-Informed Decision Making in Schools - Teacher Access, Supports and Use', 'School-wide Positive Behavior Support: Implementers' Blueprint and Self-Assessment', and 'Teacher Data Collection Tool: SDQinfo.org'.



# Who completes the SHAPE tools?

**Districts or schools can gather a multidisciplinary team to complete these tools. This team would include people such as:**

- Superintendent
- Student Services leaders
- Special Education Leaders
- Behavior Consultants
- Curriculum Dire
- Administrators
- PBIS Coaches
- Community Providers
  - Mental Health Agency
  - Probation
  - Youth Assistance Program



# Also available through SHAPE

- Trauma Responsive School (TRS) Implementation Assessment
- Screening & Assessment Repository (mainly low cost to no cost list of instruments)
- School Mental Health Playbook to assist schools with implementation



# Contact Us:

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Brooke Lawson [blawson@hse.k12.in.us](mailto:blawson@hse.k12.in.us)



@IN\_SMHI



IndianaSMHI



# Short Shares IN Action

- We are looking for a few educators to volunteer to work with the Office of Special Education and Indiana Resource Network to apply the Tool, Intervention, Process, or Strategy featured in this Short Share.
- We would like to come to your school and video tape your classroom as well as interview you about the implementation of the Tool, Intervention, Process, or Strategy featured in this Short Share.
- Click on this link to start the process: <http://bit.ly/idoesstips>

